FITNESS

Fitness training encompasses a wide range of exercises with very different movements. Depending on the type of training, intensity, frequency and goals of the participants, flooring needs can continually change. MONDO offers a complete line of fitness training surfaces, so that everyone working to meet physical fitness goals can do so with the best, most appropriate flooring.



YOU ARE THE ATHLETE.

FITNESS

RAMFLEX



THE BASE FOR GROWING A PASSION FOR FITNESS.

Hundreds of different exercises are available to those looking to train their bodies.
Ramflex is the ideal solution for every type of workout, from freestyle to training with machines.



CO-VULCANIZED MULTILAYER DUAL DUROMETER

Two different layers of solid rubber with their own formulations, vulcanized together to form a continuous, seamless piece of material.

Versatile and durable, Ramflex is a double-layered vulcanized rubber flooring with a hammered surface finish. Thanks to the combination of two layers with different densities, Ramflex resists the wear and the weight of sports equipment while providing optimal shock absorption and energy return.

VERSATILE AND WEAR-RESISTANT.

With its double-layered construction, Ramflex flooring offers an optimal combination of resistance and shock absorption. The 2 millimeter-thick rubber surface layer can withstand wear from weights and light abrasions. Its non-porous surface allows for easy maintenance, and because it's anti-slip, it provides the perfect grip for every workout, even when users wear minimal or no footwear. The combination of the surface layer and shock-absorbing underlayment ensures perfect dimensional stability and makes Ramflex perfect for a wide range of exercises.



RAMFLEX

DIMENSIONS

Thickness	6 mm
Roll Length	13 m
Roll Height	186 cm
Tile size	91,35 x 91,35 cm

DIMENSIONS

Thickness	10 mm
Roll Length	9 m
Roll Height	186 cm
Tile size	91,35 x 91,35 cm

CERTIFICATIONS

- Greenguard Certification
- Greenguard Gold Certification

COLOR RANGE

986 920 712 710 741 715 790 707





FITNESS

RAMFLEX INLAID MARKINGS

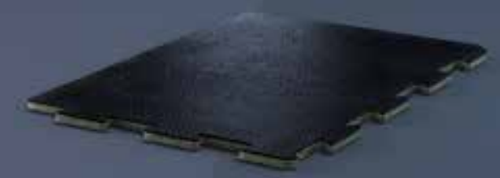
CUSTOMIZATION AT ITS BEST.

Training with a group can make exercise fun. Ramflex gives everyone the right space.

Ramflex Inlaid Markings is a double-layered vulcanized rubber flooring. Water jet-cut inlays made from the same material as the system's tiles but in different colors allow floor areas to be designed with customized markings.

GIVE EVERY ATHLETE THE RIGHT SPACE.

Ramflex Inlaid Markings makes it easy to define separate training areas directly on the flooring. Thanks to its water jet-cut inlays, floor tile markings are the same material as the rest of the surface, ensuring the flooring provides a uniform elastic response throughout its life.



FITNESS

RAMFLEX INTERLOCK

EASY AND QUICK TO INSTALL. INCREDIBLY WEAR-RESISTANT.

Hundreds of different exercises are available to those looking to train their bodies.

Ramflex is a versatile, double-layered vulcanized rubber flooring with a hammered surface finish. Due to its combination of two layers with different densities, Ramflex resists wear and the weight of sports equipment, providing optimal shock absorption and energy return. The system is also available in an Interlock version with connectable tiles.

THE STRENGTH OF SIMPLICITY.

With its double-layered construction, Ramflex flooring offers an optimal combination of resistance and shock absorption. The 2 millimeter-thick rubber surface layer can withstand wear from weights and light abrasions. Its non-porous surface allows for easy maintenance, and because it's anti-slip, it provides the perfect grip for every kind of workout, even when users wear minimal or no footwear. The combination of the surface layer and shock-absorbing underlayment ensures perfect dimensional stability and makes Ramflex ideal for a wide range of exercises.

RAMFLEX INLAID MARKINGS

DIMENSION

Thickness	10 mm
Tile Size	91,35 x 91,35 cm

CERTIFICATIONS

- Greenguard Certification
- Greenguard Gold Certification

COLOR RANGE

707

RAMFLEX INTERLOCK

DIMENSION

Thickness	8 mm
Tile size	61 x 61 cm

CERTIFICATIONS

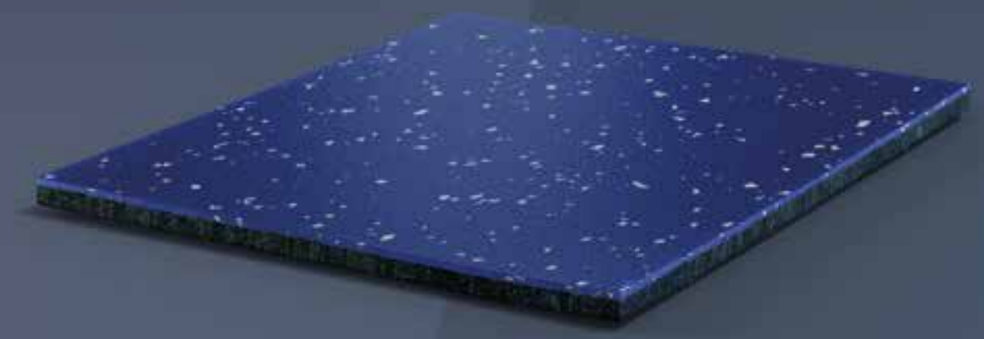
- Greenguard Certification
- Greenguard Gold Certification

COLOR RANGE

707 986 790 715 920

FITNESS

MONDOARMOR



THE SOUL OF A TRAINING SESSION.

Functional training can address strength, coordination, performance, speed, or balance. Such varied workouts call for a versatile and safe solution. They call for MondoArmor.



CO-VULCANIZED MULTILAYER DUAL DUROMETER

Two different layers of solid rubber with their own formulations, vulcanized together to form a continuous, seamless piece of material.

MondoArmor is a double-layered vulcanized rubber flooring with embossed surfaces. With a combination of two layers of different densities, the product resists wear and the weight of sports equipment while providing optimal shock absorption and energy return.

STRONG YET EASY TO MAINTAIN.

There's no workout this flooring can't handle. Its perfect grip and sound and shock absorption make it ideal for any type of exercise. Plus, its superior elasticity provides unparalleled anti-fatigue properties and superb comfort.

SIMPLICITY AND SAFETY.

With MondoArmor, no coatings or finishings are required, making installation and maintenance fast and easy. MondoArmor is certified GREENGUARD Gold and has fire ratings of Class 1 in the U.S. and CfIS2 in Europe.



MONDOARMOR

DIMENSIONS

Thickness	6 mm
Roll Length	12 m
Roll Height	186 cm

CERTIFICATIONS

- Greenguard Certification
- Greenguard Gold Certification

COLOR RANGE



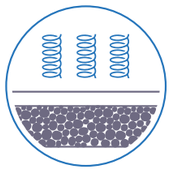
FITNESS

ZETA SYSTEM FTS



A UNIQUE SYSTEM FOR GROUP EXERCISE.

The right choreography, rhythm, and spirit can help make group exercise fun and beneficial. But having the right flooring also is critical. Zeta System FTS combines the look of wood parquet with a uniform elastic response for both performance and comfort.



INDOOR FTS SHOCK PAD

Prefabricated, shock absorbing elastic pad, made from granules of post-consumer rubber. Ensures an optimised and uniform elastic response.

The Zeta System FTS flooring system features a wood surface with an FTS shock-absorbing underlayment to consistently provide the perfect balance of energy return, shock absorption, and vertical deformation.

NATURAL WOOD FOR PURISTS.

Zeta System FTS comprises a single layer of slatted phenolic plywood onto which the surface wood flooring is affixed and finished with a high-resistance varnish.

Shock absorption is provided by an FTS pre-manufactured elastic underlayment that is made with granules from post-consumer recycled materials. The elastic underlayment provides excellent comfort, consistent shock absorption, and a uniform response across the entire surface.

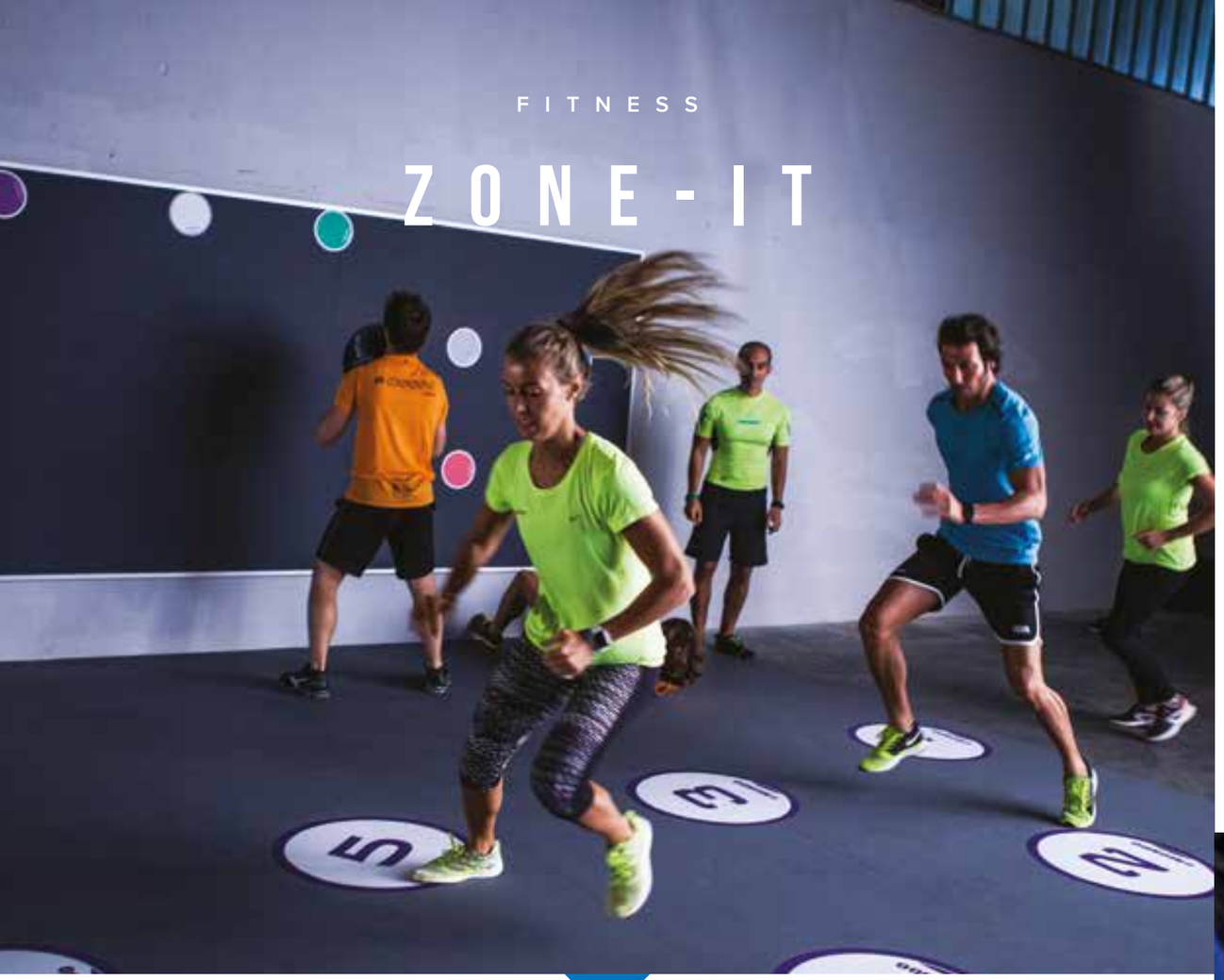
The system is recommended for facilities with underfloor heating systems, because Zeta System FTS provides homogenous and continuous heat diffusion on the surface.



ZETA SYSTEM FTS

DIMENSIONS

Thickness	38 mm



FITNESS

ZONE-IT

MAKE YOUR FUNCTIONAL TRAINING SESSION MAGNETIC.

Training is a continuous drive for improvement. So your training space shouldn't impose limits on you. Design your area to respond perfectly to your workout needs.



CO-VULCANIZED MULTILAYER DUAL DUROMETER

Two different layers of solid rubber with their own formulations, vulcanized together to form a continuous, seamless piece of material.



SMOOTH SOLID RUBBER TOP LAYER

Vulcanized rubber surfaces with a smooth finish, for indoor installation. Thanks to its properties, under dry conditions, the rubber naturally ensures a superficial grip, without any need for additional embossing.



MAGNETIZATION

The surface is created combining rubber and mineral ingredients to make it magnetic.

Zone-It is a modular flooring and wall-covering system that was designed based on MONDO's experience developing surfaces for cardio workouts. The system's special magnetic charges and kit of detachable magnets, which can be used both on the flooring and the walls, enable quick and easy customization of your training sessions and areas. The smooth, non-porous finish makes Zone-It slip-proof and ensures the perfect grip coefficient for functional training, where heavy equipment loads and rotational training movements are constant.

A WORKOUT THAT'S EVEN MORE YOURS.

Thanks to its magnets kit combined with the magnetic flooring and wall surfaces, Zone-It is the ideal solution for quickly and easily personalizing your functional training area. An infinite number of configurations and fun, colorful designs allow you to dedicate a single space to different activities simply by moving the magnetic elements.

CHANGE WORKOUTS, NOT SPACES.

The set of mobile magnets allows you to personalize any space so that it's designed around your training sessions. Zone-It is ideal for every training routine, and it provides maximum comfort and complete safety thanks to a double-layered vulcanized rubber structure that ensures the right mix of shock absorption and energy return. Plus, Zone-It's smooth finish guarantees the perfect grip, reducing the risk of muscle injuries.



ZONE - IT

FLOORING SYSTEM DIMENSIONS

Thickness	6 mm / 10 mm
Tile Size	91,35 x 91,35 cm

MAGNETIC WALL DIMENSIONS

Thickness	36 mm
Tile Size	91 x 58 cm

MAGNETIC KIT B038175

10 Circles Kit - 60 cm

MAGNETIC KIT B038176

1 Sprint Track, 1 Graduated Bar, 10 Circles - 20 cm

CERTIFICATIONS

- Greenguard Certification
- Greenguard Gold Certification

FITNESS

MONDOARMOR STRENGTH



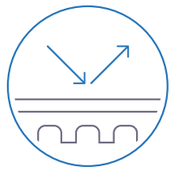
PASSION AND PERFORMANCE.

Building strength and speed means constantly outdoing oneself. That takes determination and discipline, and a solid, comfortable, secure base.



CO-VULCANIZED MULTILAYER DUAL DUROMETER

Two different layers of solid rubber with their own formulations, vulcanized together to form a continuous, seamless piece of material.



AIR-CELL TECHNOLOGY

Air-filled chambers on the bottom layer compress, then expand, acting like bowstrings and projecting athletes up and forward.

MondoArmor Strength is a high-performance vulcanized rubber flooring. It provides the perfect support for the most intense strength and conditioning training involving heavy weights.

WHEN WINNING IS NOT ENOUGH.

To exceed one's limits, there's MondoArmor Strength. It's made up of three layers of vulcanized rubber: a wear layer to resist abrasions and lacerations; an intermediate layer to dissipate shock and stress from heavy loads; and a shock-absorbing underlayment with Air-Cell technology to absorb impact and control vertical deformation and energy return. This triple-layered construction reduces the risk of injury by preventing weight bars from bouncing out of control. MondoArmor Strength is the ideal solution for weightlifting platforms and strength and conditioning areas.

SILENT AND IMPACT-RESISTANT.

The extra-thick, multi-layered composition reduces impact sounds while providing superior shock absorption. MondoArmor Strength also boasts the best foot stability and comfort, and it has unsurpassed resistance to impact, tears, abrasions, and cuts.



MONDOARMOR STRENGTH

DIMENSIONS

Thickness	18 mm

CERTIFICATIONS

- Greenguard Certification
- Greenguard Gold Certification

COLOR RANGE

ME10 ME04 ME07 ME21 ME17 ME16 ME12 ME14

FITNESS

SPORT IMPACT



HEAVY DUTY? NO WORRIES.

Whether athletes are powerlifting, core training, or using free weights, nothing other than their own fatigue should limit the intensity of their workouts. Sport Impact ensures the best surface for strength training exercises, capable of absorbing even the heaviest impact, and offering incomparable safety and comfort.

Sport Impact is a premium weight resistant rubber flooring with silica reinforced solid 3 mm homogeneous strike layer. Unsurpassed high tensile strength, tear strength, abrasion resistance, and crack growth resistance. Factory made not on-site laminated, waterproof and easy to clean.



CO-VULCANIZED MULTILAYER DUAL DUROMETER

Two different layers of solid rubber with their own formulations, vulcanized together to form a continuous, seamless piece of material.

UNSURPASSED WEIGHT RESISTANCE.

Sport Impact is a double-layered vulcanized rubber flooring with an extra-thick 3 millimeter wear layer that resists traction, lacerations, and heavy loads. Ideal for even the most intense sports activities, it ensures athletes excellent stability due to the embossed and non-porous surface, and the underlayment guarantees uniform shock absorption and dimensional stability.



SPORT IMPACT

DIMENSIONS

Thickness	6 mm
Roll Length	13 m
Roll Height	186 cm
Tile Size	91,35 x 91,35 cm

DIMENSIONS

Thickness	10 mm
Roll Length	9 m
Roll Height	186 cm
Tile Size	91,35 x 91,35 cm

COLOR RANGE

S154 S110 S141 S114 S136 S062

S055 S026 S008 S018 S011 S073

CERTIFICATIONS

- Greenguard Certification
- Greenguard Gold Certification



FITNESS

TRAINING TURF

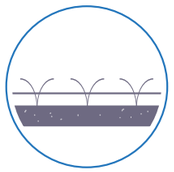
TRAIN HARD ON A SOFT SURFACE.

Enhance your agility while the integrated surface markings let you easily measure your movements. Training Turf fibers make even your hardest workouts soft.

Training Turf is a synthetic turf solution combined with a shock-absorbing underlayment to ensure maximum comfort during even the most exhausting workouts. This surface is created with low-abrasive Mondoturf filaments and designed to withstand even the wear and tear of power sleds.

PUSH BEYOND YOUR LIMITS.

Training Turf is designed to combine softness and resistance: the shock-absorbing underlayment provides optimal support for the use of training sleds, while the surface filament construction minimizes abrasions, enabling comfortable training even when your skin touches the turf.



INTEGRATED FOAM BACKING

An integrated under layer made of polyurethane foam mesh, which ensures the comfort and uniform elastic response of the system.

TRAINING TURF

DIMENSIONS

Yarn Height	10 mm
Yarn Dtex	6.200 dtex



OUTDOOR FITNESS

SPORTFLEX M

NO MATTER THE GOAL, IT CAN EASILY BE REACHED.

Designed to provide the best possible combination of slip resistance, rotational friction, comfort and safety in multi-functional applications, Sportflex M is a synthetic rubber surface composed of two layers that are vulcanized together to create a single, seamless product.

For freestyle training, athletes need a surface that ensures uniform energy return and correctly supports the ligaments during continuous rotating movements. Thanks to its two vulcanized layers, Sportflex M guarantees the perfect mix of shock absorption and friction coefficient. In addition, its unique texture makes the surface ideal for outdoor applications, because it ensures efficient rainwater drainage, and ideal for high-traffic areas.

SPORTFLEX M

DIMENSIONS

Thickness	6 mm
Roll Length	min 10 m / max 25 m
Roll Height	170 - 183 cm

Thickness	8 mm
Roll Length	min 10 m / max 25 m
Roll Height	170 - 183 cm

Thickness	11 mm
Roll Length	min 10 m / max 15 m
Roll Height	170 - 183 cm

CERTIFICATIONS

- Greenguard Certification
- Greenguard Gold Certification

COLOR RANGE

Please check page 45